



Hazrat Umme Sulaim^{ra}

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Hazrat Umme Sulaim^{ra}

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Translated into English from Urdu by: Hajra Ahmad

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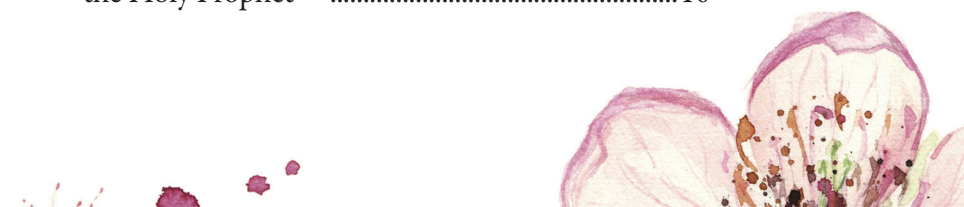
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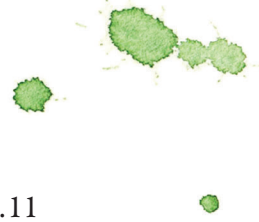




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FOREWORD

The booklet *Hazrat Ummu Sulaim^{ra}* is another addition to the series of books for children. Hazrat Ummu Sulaim^{ra} has a high status in Islam. She is known for her dedication to Islam, her love for the Holy Prophet^{saw}, her bravery, and her selflessness. She was a close relative of the Holy Prophet Muhammad^{saw} and one of a number of maternal figures in his life. This book is an attempt to peek into her exemplary life, through which children and adults alike can learn valuable lessons about devotion to Allah and His Messenger^{saw}.

The book was written in Urdu by Amatul Hafeez Aabida Zeeravi and translated by Hajra Ahmad. Several people have helped us in preparing this translation, including Uzma Ahmad, Noma Samee, Zeshan Ahmad, Roshan Ahmad, and Ayesha Noor. We also appreciate the Research Cell in Rabwah, Pakistan for verifying the book's references. We are also grateful to Haallah Ahmad (Shams) for preparing the activities towards the end of the book. May Allah the Almighty reward them all for their efforts.

Munir-ud-Din Shams
Additional Wakeelut-Tasneef
London, July 2016



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HAZRAT UMME SULAIM^{RA}

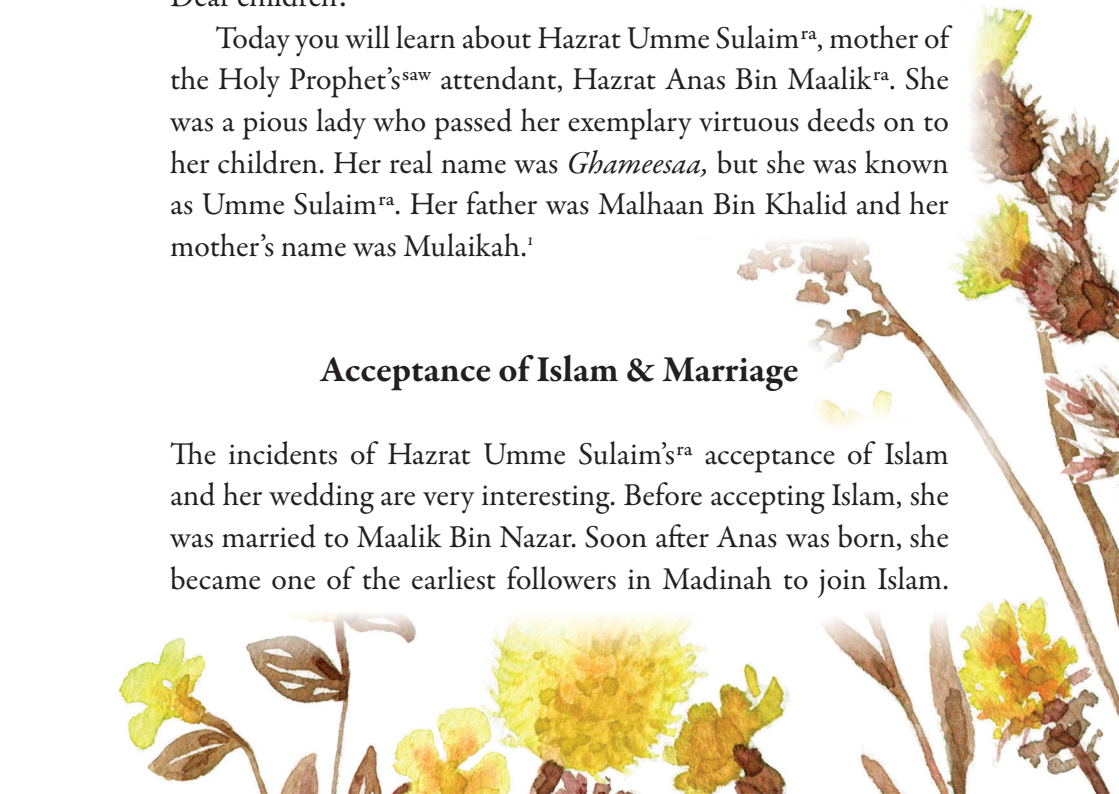
Introduction


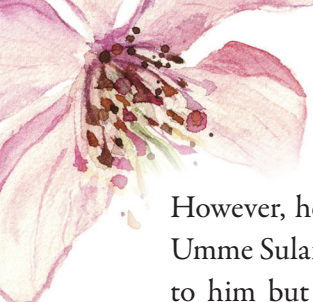
Dear children!

Today you will learn about Hazrat Umme Sulaim^{ra}, mother of the Holy Prophet's^{saw} attendant, Hazrat Anas Bin Maalik^{ra}. She was a pious lady who passed her exemplary virtuous deeds on to her children. Her real name was *Ghameesaa*, but she was known as Umme Sulaim^{ra}. Her father was Malhaan Bin Khalid and her mother's name was Mulaikah.¹

Acceptance of Islam & Marriage

The incidents of Hazrat Umme Sulaim's^{ra} acceptance of Islam and her wedding are very interesting. Before accepting Islam, she was married to Maalik Bin Nazar. Soon after Anas was born, she became one of the earliest followers in Madinah to join Islam.






However, her husband was adamant on his old religion. Hazrat Umme Sulaim^{ra} would take up every opportunity to preach Islam to him but Maalik found her new beliefs so offensive that he moved to Syria and remained there till his death.

After Maalik's death, she received a proposal of marriage from her fellow tribesman and the wealthiest man in Madinah, Abu Talhah Ansaari^{ra}. Hazrat Umme Sulaim^{ra} turned down his proposal because Abu Talhah^{ra} had not yet accepted Islam. With great regard for the honour of Islam, she said she could never marry an idolater.²

Hazrat Umme Sulaim^{ra} urged Abu Talhah^{ra} to consider the beautiful message of Islam in quite a wise manner. He belonged to a tribe that worshipped trees. Umme Sulaim^{ra} asked him, 'Don't you know that the God you worship grows from earth?' He replied, 'Yes, indeed!' Umme Sulaim^{ra} replied, 'Then don't you feel embarrassed worshipping a mere tree?'



Hazrat Umme Sulaim^{ra} further explained to him that although she couldn't possibly refuse a proposal from a well-respected man such as himself, a marriage between a Muslim and an Idolater was simply unlawful. However, she proposed that if he accepted Islam, she would not demand any dowry from him. She said that his acceptance of Islam would be her true dowry. After a while, through Hazrat Umme Sulaim's^{ra} preaching, Abu Talhah^{ra} accepted Islam. Fulfilling her promise, Umme Sulaim^{ra} married him under the guardianship of her son Anas.³



Children

From her marriage with Abu Talhah^{ra}, she had two more sons, Abdullah and Abu Umair. This was the same Abu Umair who had kept a pet bird named Nughair. Once, when the bird suddenly disappeared or died, the Holy Prophet^{saw} jokingly said to the worried boy, ‘O Abu Umair! Look what Nughair has done to you!’⁴



When Hazrat Abu Umair^{ra} passed away at a young age, the Holy Prophet^{saw} prayed for Hazrat Umme Sulaim^{ra} to have another child. Hence, Abdullah was born and from him, the lineage of Hazrat Umme Sulaim^{ra} and Abu Talhah^{ra} continued. On his birth, Hazrat Umme Sulaim^{ra} sent the infant Abdullah with his older brother Anas to visit the Holy Prophet^{saw} to get his prayers and blessings. When the Holy Prophet^{saw} saw baby Abdullah in Anas’s arms he said, ‘It seems that Umme Sulaim has had a child’. This was the same child whom the Prophet^{saw} had prayed for. With the baby affectionately in the Holy Prophet’s^{saw} arms, he sent for the best and most famous dates of Madinah, called *ajwah*. When the Holy Prophet^{saw} fed Abdullah some of the date that he had chewed on and softened, Abdullah began to suckle on it. The Holy Prophet^{saw} said, ‘See how the Ansaar love their dates! Even a baby is thoroughly enjoying the taste!’ The Holy Prophet^{saw} then named him ‘Abdullah’ and prayed for blessings on him.⁵ According to some references, Hazrat Abdullah^{ra} later had nine sons, all of whom memorized the entire Holy Quran.



Faith in the Prayers of the Holy Prophet^{saw}

One of the most inspiring traits of Hazrat Umme Sulaim^{ra} was her complete faith in the prayers of the Holy Prophet^{saw}. Accordingly, she took special care in sending over her newborn child to the Holy Prophet^{saw} to benefit from his prayers. Hazrat Umme Sulaim^{ra} herself had such a zeal for praying that she once asked the Holy Prophet^{saw} to teach her some additional supplication which she could recite during her prayers. The Holy Prophet^{saw} replied, ‘Recite *subhaanAllah* [Holy is Allah], *alhamdulillah* [all praise belongs to Allah], and *Allahu Akbar* [Allah is the Greatest] ten times each and then pray [to Allah Almighty] for whatever you wish.’⁶

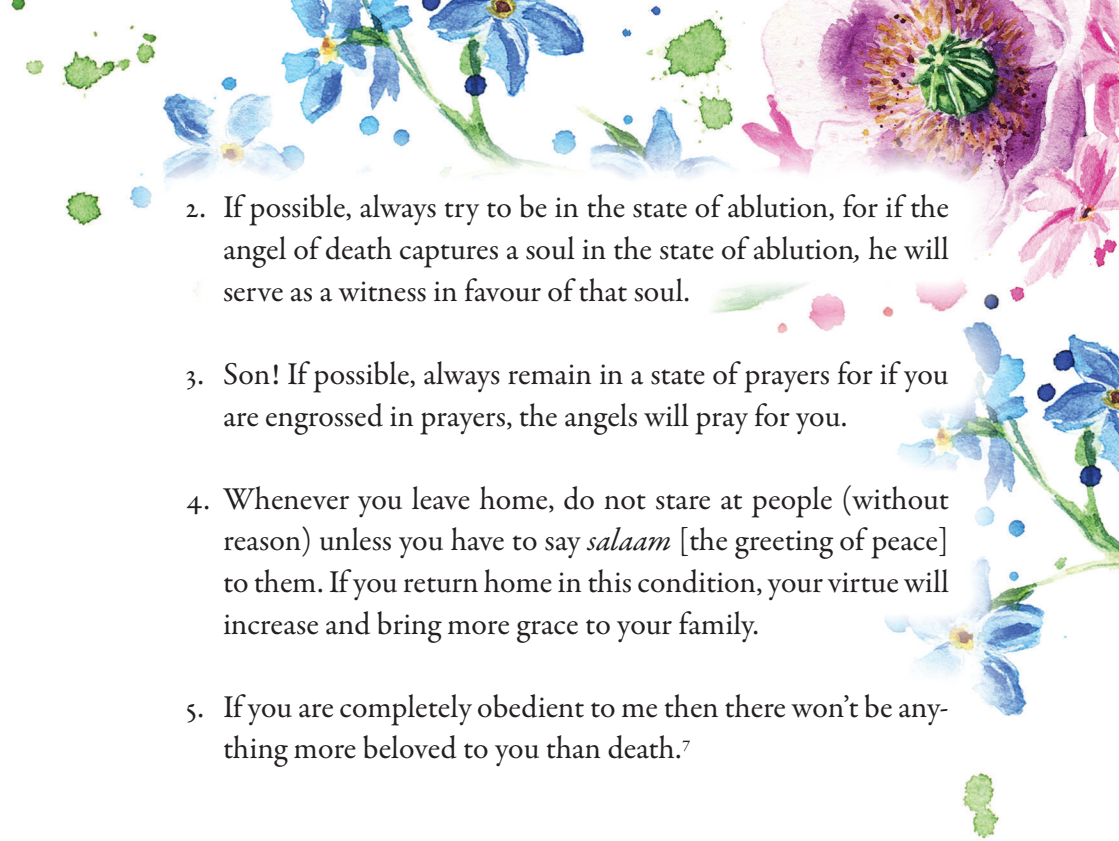
Dedication of Anas



When Anas was ten years old, his mother Hazrat Umme Sulaim^{ra} dedicated him to the service of the Holy Prophet^{saw}. She said, ‘O Messenger of Allah^{saw}! Every man and woman from the Ansaar has given you a gift except me. I have only this child to offer. I will be extremely delighted if you accept him’. The Holy Prophet^{saw} graciously took in Anas, who got a chance to serve the Prophet^{saw} for the next ten years.

In the Holy Prophet’s^{saw} company, Anas learned the following pieces of advice:



1. O my son! Be my confidant and you will become a true believer.

- 
2. If possible, always try to be in the state of ablution, for if the angel of death captures a soul in the state of ablution, he will serve as a witness in favour of that soul.
 3. Son! If possible, always remain in a state of prayers for if you are engrossed in prayers, the angels will pray for you.
 4. Whenever you leave home, do not stare at people (without reason) unless you have to say *salaam* [the greeting of peace] to them. If you return home in this condition, your virtue will increase and bring more grace to your family.
 5. If you are completely obedient to me then there won't be anything more beloved to you than death.⁷

Close Relationship with the Holy Prophet^{saw}

Hazrat Umme Sulaim^{ra} was also the maternal aunt of the Holy Prophet^{saw} and her husband Abu Talhah^{ra} was a true devotee of the Prophet^{saw}. The Holy Prophet^{saw} used to visit their home with frankness and would occasionally take rest there. When Hazrat Umme Sulaim^{ra} served him food, he would accept it. Similarly, she would openly ask him religious questions which the Holy Prophet^{saw} would graciously answer.

Once, when the Holy Prophet^{saw} visited her home in her absence, he laid down to take a little rest. Someone informed Hazrat Umme Sulaim^{ra} that the Holy Prophet^{saw} was resting at



her house. When she returned home, she noticed that the Holy Prophet^{saw} was drenched in sweat. Taking advantage of the situation, she wiped away his sweat and started collecting it in a bottle. The Holy Prophet^{saw} woke up startled and asked what she was doing. Hazrat Umme Sulaim^{ra} explained, 'I will put it in my perfume bottle because your sweat is the sweetest of all scents. I am doing it so my children could find blessings from it'. The Holy Prophet^{saw} replied, 'That's alright'.⁸

Similarly, once when the Holy Prophet^{saw} was visiting her, she served him some dates and butter. He told her to keep the food in the dish, as he was fasting. Then the Holy Prophet^{saw} went to a corner in Hazrat Umme Sulaim's^{ra} house and offered *nafl* [optional prayer], and prayed for her and her family. Hazrat Umme Sulaim^{ra} told the Holy Prophet^{saw} that she had a wish. Upon the Holy Prophet's^{saw} inquiry, she asked him to pray for her son, his attendant Anas. The Holy Prophet^{saw} prayed, 'O Allah! Bless Anas's wealth and children'. Almighty Allah accepted his prayers in an astounding manner. Hence, Hazrat Anas's^{ra} progeny numbered 100 or so during his lifetime, his gardens bore fruit twice a year, and he lived a very long life.⁹



Once, someone asked the Holy Prophet^{saw}, 'Besides visiting *Ummahaatul-Mu'mineen* [the Mothers of the Faithful], you visit only Hazrat Umme Sulaim. What is the reasoning behind it?' The Holy Prophet^{saw} replied, 'I have a maternal relation with her, so it is necessary for me to respect this obligation'. He added, 'Secondly, her father and brother got martyred in a battle, and I respect that as well'.¹⁰



Exemplary Patience

An exemplary instance of Hazrat Umme Sulaim^{ra} and her husband Hazrat Abu Talhah^{ra} is when they displayed extraordinary patience on the death of their son, Abu Umair^{ra}. Abu Umair^{ra}, who was Umme Sulaim's^{ra} beloved son, suddenly fell ill. His father, Abu Talhah^{ra}, was travelling at the time. In this state of illness, Abu Umair^{ra} passed away all of a sudden. Hazrat Umme Sulaim^{ra} displayed immense patience on losing a child she loved so dearly. Neither did she display any anxiety, nor did she disturb her husband once he returned home. Instead, she displayed exemplary patience by considering Abu Umair^{ra} a mere trust granted by Almighty Allah. She advised everyone in the household not to inform Hazrat Abu Talhah^{ra} about Abu Umair's^{ra} death. When Hazrat Abu Talhah^{ra} returned home at night and inquired after his ill son, Hazrat Umme Sulaim^{ra} tactfully replied that the child was at peace. She actually meant that Abu Umair^{ra} was now free of his pain and had met his Maker. Hazrat Abu Talhah^{ra}, however, assumed that perhaps Abu Umair^{ra} was healthy again. She then served him dinner and they went to sleep.

In the morning, when Hazrat Abu Talhah^{ra} was about to leave for offering morning prayers at the Prophet's^{saw} Mosque, Hazrat Umme Sulaim^{ra} stopped him and asked, 'Abu Talhah! If someone entrusts us with something and then asks for its return, should we give it back or not?' Hazrat Abu Talhah^{ra} replied, 'Yes! Why not?' Hazrat Umme Sulaim^{ra} said, 'Then you should have patience on your son's death because he was also a trust from Allah that we were entrusted with. Now He has taken His trust back from us.' Hazrat Abu Talhah^{ra} then went to the Holy Prophet^{saw} at the




Prophet's^{saw} Mosque and told him the whole incident. The Holy Prophet^{saw} prayed, 'May Allah make this night a source of blessings for you and give you a better blessing in return.' This prayer of the Holy Prophet^{saw} was fulfilled and Almighty Allah blessed her progeny so much that Hazrat Umme Sulaim^{ra} had ten sons and all of them were Haafiz-e-Quran [those who memorize the entire Holy Quran].¹¹

Hazrat Umme Sulaim^{ra} loved the Holy Prophet^{saw} dearly. Once the Holy Prophet^{saw} paid her a visit. Feeling thirsty, he got up and helped himself to some water from a small water bottle. Hazrat Umme Sulaim^{ra} cut off the opening of that small water bottle and kept it as sacred relic for herself for herself.¹² Hazrat Umme Sulaim^{ra} even saved the Holy Prophet's^{saw} hair trimmings in a bottle. Similarly, she kept his sweat as perfume. However, Hazrat Anas^{ra} made a will before his death for these items to be buried with him.¹³



Love for the Holy Prophet^{saw} & His Family



At the time of the Holy Prophet's^{saw} wedding with Hazrat Zainab^{ra} in the year 5 Hijri, Hazrat Umme Sulaim^{ra} prepared an excellent meat dish and sent a pan full to the Holy Prophet^{saw} as a humble gift on the special occasion.¹⁴ After the Battle of Khyber in the year 7 Hijri, when the Holy Prophet^{saw} got married to Hazrat Safiyyah^{ra}, Hazrat Umme Sulaim^{ra} got her ready as a bride. Hazrat Umme Sulaim^{ra} often went to battles and travelled alongside the women of the Holy Prophet's^{saw} family.¹⁵



Care for Orphans

Another interesting incident is when the Holy Prophet^{saw} saw a girl raised by Hazrat Umme Sulaim^{ra}, he affectionately said to her, 'Look at how big you have gotten!'. Then he joked, 'Don't grow bigger than this.' The girl went to Hazrat Umme Sulaim^{ra} crying. Hazrat Umme Sulaim^{ra} asked, 'My dear child, what is wrong?' She said, 'The Holy Prophet^{saw} has told me that I shouldn't get bigger than this. Now I will never grow up.' Hazrat Umme Sulaim^{ra} immediately got up, wrapped a shawl around herself, and went straight to the Holy Prophet^{saw}. The Holy Prophet^{saw} asked her, 'What happened?' She replied, 'O Messenger^{ra} of Allah! Did you curse my orphan girl?' The Holy Prophet^{saw} said, 'Why do you say that?' Hazrat Umme Sulaim^{ra} narrated, 'O Messenger^{saw} of Allah! She thinks that you cursed her by saying, 'Don't grow any bigger.' The Holy Prophet^{saw} laughed and said, 'O Umme Sulaim^{ra}! Don't you know the covenant I have made with Almighty Allah? I have told Him that I am a human, and like ordinary humans, I get happy and I get angry. But, if I say something to someone in my Ummah that he is not worthy of, then on the Day of Judgement, God may make that same thing a source of purity and nearness to God for that person.'¹⁶


This incident also tells us that Hazrat Umme Sulaim^{ra} looked after and cared lovingly for orphans within her home. She paid special attention to their tender emotions and tried her best to make them feel better.





Special Pledge


Hazrat Umme Sulaim^{ra} was a very obedient Companion of the Holy Prophet^{saw} and tried her best to follow all of his commandments. One lady narrates that the Holy Prophet^{saw} took their *bai'at* [pledge of initiation] on the condition that they would not wail over the dead. This pledge was fulfilled by five women, one of whom was Hazrat Umme Sulaim^{ra}.¹⁷

A Miraculous Sign of the Holy Prophet^{saw}



During the early days in Madinah, one day Hazrat Abu Talhah^{ra} came to Hazrat Umme Sulaim^{ra} and told her that he had noticed weakness in the Holy Prophet's^{saw} voice. It seemed to him that the Holy Prophet^{saw} had not eaten for days. He asked, 'Do you have something to eat at home?' Hazrat Umme Sulaim^{ra} said yes and immediately wrapped up some bread in a piece of cloth and sent it over to the Holy Prophet^{saw} with her son Hazrat Anas^{ra}. Hazrat Anas^{ra} narrates that he went to the Holy Prophet^{saw} at the Prophet's^{saw} Mosque. The Holy Prophet^{saw} was seated among his Companions^{ra} and Hazrat Anas^{ra} stood in front of him. The Holy Prophet^{saw} inquired, 'Has Abu Talhah^{ra} sent over some food with you?' Hazrat Anas^{ra} said, 'Yes, O Messenger of Allah!' The Holy Prophet^{saw} told all of those present to join him in a visit to Hazrat Abu Talhah's^{ra} house. Hazrat Anas^{ra} narrates that he told Hazrat Abu Talhah^{ra} about the Holy Prophet's^{saw} plan to join them with his Companions. Hazrat Abu Talhah^{ra} informed Hazrat Umme Sulaim^{ra} about the arrival of the Holy Prophet^{saw}




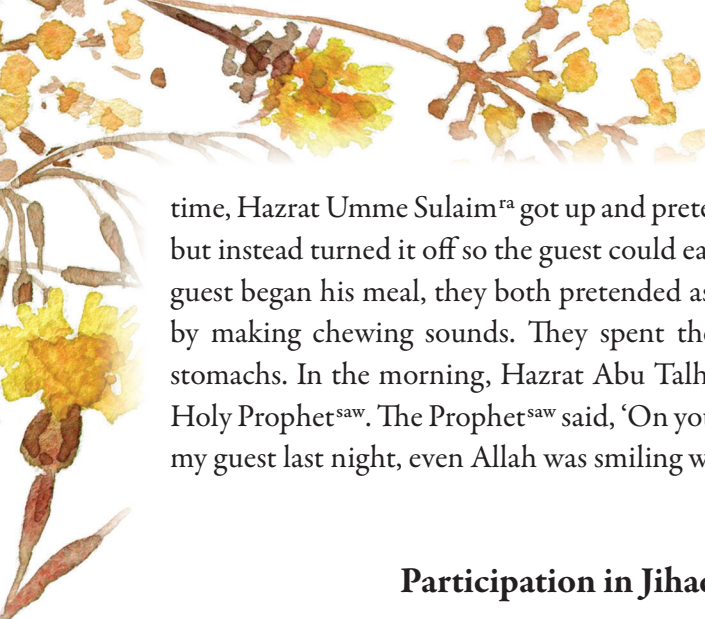


and told her that there wasn't sufficient food for everyone. Hazrat Umme Sulaim^{ra} replied with great trust in Allah, 'Allah and His Messenger^{saw} know best.' Hazrat Abu Talhah^{ra} also felt his belief strengthened and went outside to welcome the Holy Prophet^{saw} in. The Holy Prophet^{saw} immediately said, 'Bring whatever you have.' Upon the Holy Prophet's^{saw} instructions, Hazrat Umme Sulaim^{ra} brought that same bread and broke it into small pieces. Hazrat Umme Sulaim^{ra} then took some oil and spread it on the pieces of bread. The Holy Prophet^{saw} prayed and instructed to send in ten Companions at a time to have the meal. All in all, everyone present had a meal, which was approximately seventy or eighty people!¹⁸

Hospitality


Hazrat Umme Sulaim^{ra} was a very hospitable and caring lady. There is a well-known incident of her sacrifice and dedication in the history of Islam. Once, when a guest was visiting the Holy Prophet^{saw}, he sent a message to his pious wives to arrange for some hospitality. It so happened that, none of them had anything to serve at that time. When the Holy Prophet^{saw} appealed to his companions, Hazrat Abu Talhah^{ra} happily accepted this responsibility. He informed Hazrat Umme Sulaim^{ra} when he got home that she had to arrange for a meal for the Holy Prophet's^{saw} guest. Hazrat Umme Sulaim^{ra} told him that they had only a little bit of food for the children. In that situation, they decided to send their children to bed one way or another and serve whatever food they had to the guest. Hence, this is exactly what they did. At meal





time, Hazrat Umme Sulaim^{ra} got up and pretended to fix the lamp but instead turned it off so the guest could eat heartily. When the guest began his meal, they both pretended as if they were eating, by making chewing sounds. They spent the night with empty stomachs. In the morning, Hazrat Abu Talhah^{ra} went to see the Holy Prophet^{saw}. The Prophet^{saw} said, ‘On your good treatment of my guest last night, even Allah was smiling with joy!’¹⁹

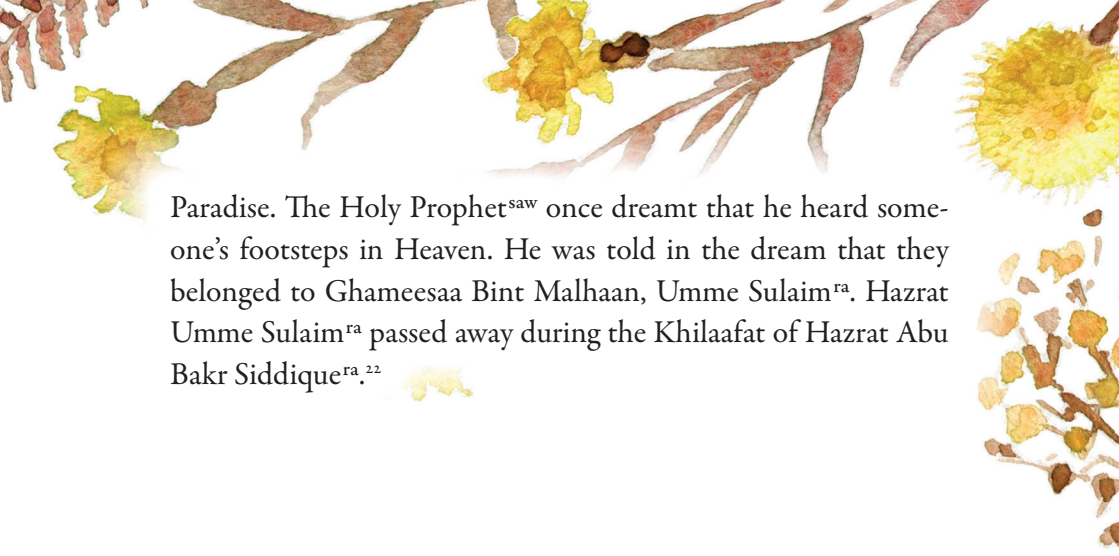
Participation in Jihad



The Holy Prophet^{saw} used to take Hazrat Umme Sulaim^{ra} and some other Ansaar women with him to battles. These women would fetch water for the thirsty and dress wounds of the injured.²⁰ Hazrat Umme Sulaim^{ra} is renowned for an incident of her bravery at the Battle of Hunain, when her husband saw a dagger on her and informed the Holy Prophet^{saw} that she had it hidden in her belt. When the Holy Prophet^{saw} inquired her about it, she said, ‘I intend to slit the guts out of any idolater I come across!’ The Holy Prophet^{saw} smiled at her passion. Hazrat Umme Sulaim^{ra} asked him, ‘O Messenger^{saw} of Allah! What do you command for those who flee.’ The Holy Prophet^{saw} replied, ‘You don’t need to worry about that. Allah will take care of it Himself’.²¹

High Status & Glad Tidings of Paradise

Hazrat Umme Sulaim^{ra} was such a fortunate woman that she was foretold in her life by the Holy Prophet^{saw} about her place in



Paradise. The Holy Prophet^{saw} once dreamt that he heard someone's footsteps in Heaven. He was told in the dream that they belonged to Ghameesaa Bint Malhaan, Umme Sulaim^{ra}. Hazrat Umme Sulaim^{ra} passed away during the Khilaafat of Hazrat Abu Bakr Siddique^{ra}.²²



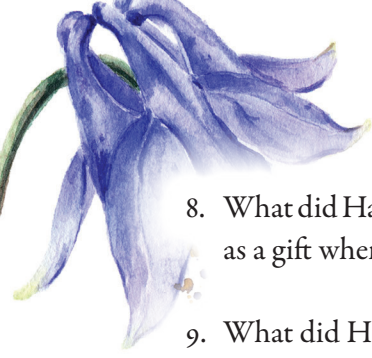


ACTIVITIES

STUDY QUESTIONS

1. What was the name of Hazrat Umme Sulaim^{ra} child who was the attendant of the Holy Prophet^{saw}?
2. What was the real name of Hazrat Umme Sulaim^{ra}?
3. What were the names of her father and mother?
4. What was the name of her first husband?
5. Who gave Hazrat Umme Sulaim^{ra} a proposal of marriage after her first husband's death?
6. Why did she not accept this proposal initially?
7. Which two people related to Hazrat Umme Sulaim^{ra} were martyred in a war?





8. What did Hazrat Umme Sulaim^{ra} send to the Holy Prophet^{saw} as a gift when he got married to Hazrat Zainab^{ra}?
9. What did Hazrat Umme Sulaim^{ra} do in battles?
10. Who was the Khalifah when Hazrat Umme Sulaim^{ra} passed away?
11. Give one example of the hospitality of Hazrat Umme Sulaim.
12. What pledge did the Holy Prophet^{saw} take from some Muslim women?



ACTIVITY NUMBER ONE

M	D	X	A	H	R	N	W	I	D	B	O	M	A	E
R	E	C	D	Y	N	I	O	I	T	B	E	A	B	K
B	F	B	J	Y	E	A	A	L	V	G	V	D	U	A
E	G	W	T	L	Y	N	Q	M	I	L	N	I	T	S
H	A	H	H	M	O	U	U	D	U	A	J	N	A	P
F	A	N	A	S	P	H	X	G	R	U	V	A	L	E
U	F	A	P	M	E	F	J	U	H	D	B	H	H	E
R	A	C	E	Z	E	O	Q	Q	W	A	N	A	A	K
S	E	K	U	M	M	E	S	U	L	A	I	M	H	F
U	W	G	Q	Y	Z	L	S	D	T	D	C	R	Z	R
O	F	R	G	I	H	T	P	A	R	A	D	I	S	E
I	H	T	F	A	Z	T	M	T	A	Y	I	G	I	V
P	U	A	W	P	D	A	H	A	L	L	U	D	B	A
D	A	J	D	V	P	B	Z	F	D	K	P	P	N	A
H	A	Y	G	E	M	U	F	R	E	P	Q	N	U	S

GOOD LUCK finding the words in the word search puzzle!

Umme Sulaim

Ghameesaa

pious

Abu Talhah

Anas

Abdullah

Abu Umair

Nughair

ajwah

Madinah

Haafiz e Quran

keepsake

perfume

Battle of Hunain

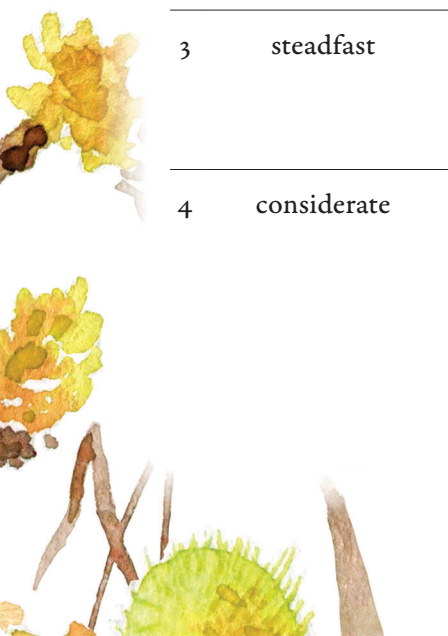
dagger


Paradise



ACTIVITY NUMBER TWO

Listed below are some words that describe Hazrat Umme Sulaim^{ra}. Write at least one sentence next to each word explaining how this word is appropriate for her. The first one has been done for you. If you need a little help, the clues in the brackets might help.

- | | | |
|---|-------------|--|
| 1 | passionate | She was passionate about her religion and Tabligh. When Hazrat Umme Sulaim ^{ra} joined the fold of Islam she tried to convince her husband to accept Islam, however he ended up leaving her because of her beliefs. |
| 2 | loyal | <i>(wouldn't accept marriage proposal from one of the wealthiest men in Madinah, unless he converted to Islam)</i> |
| 3 | steadfast | <i>(at the time of the death of her son)</i> |
| 4 | considerate | <i>(towards the feelings of her orphan child)</i> |
- 



5 patient *(thought of her husband's feelings and told him about the death of their son at an appropriate time)*

6 generous *(sent food when told the Holy Prophet^{saw} seemed hungry – didn't panic when the Holy Prophet^{saw} brought lots of companions to her home to eat, even though they had very little)*

7 hospitable *(put her own children to bed hungry and sat in darkness so the Holy Prophet's^{saw} guest could eat)*

8 brave *(Battle of Hunain – dagger incident)*

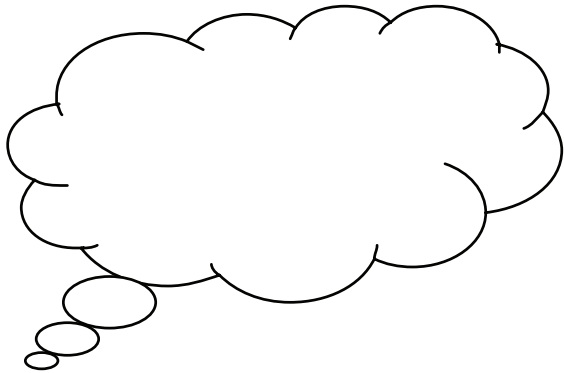
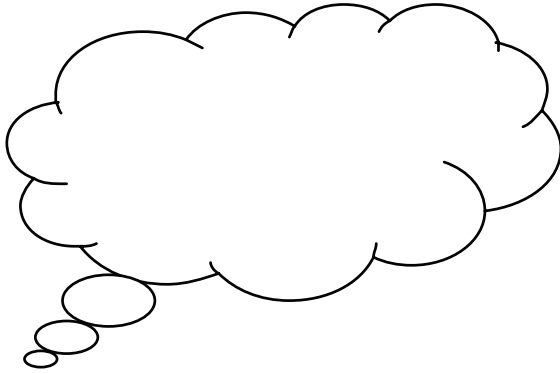


ACTIVITY NUMBER THREE

Because of the way Hazrat Ummu Sulaim and Hazrat Abu Talhah looked after the guest of the Holy Prophet^{saw}, they were told:

On your good treatment of my guest last night, even Allah was smiling with joy!

What can you do in order to try to have Allah smiling at you with joy?



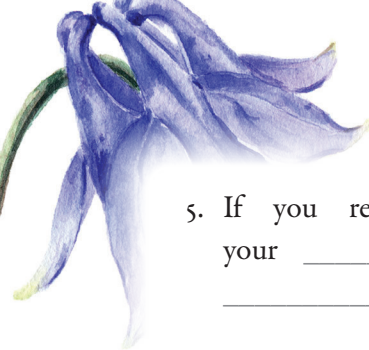


ACTIVITY NUMBER FOUR

USE ONE BOX EACH TO COMPLETE THE SENTENCES

ablution	obedient	prayers	believer
death	home	virtue	ablution
witness	confidant	soul	grace
angel	prayers	death	stare
family	beloved	salaam	angels

1. O my son! Be my _____ and you will become a true _____.
2. If possible, always try to be in the state of _____, for if the _____ of _____ captures a soul in the state of _____, he will serve as a _____ in favour of that _____.
3. Son! If possible, always remain in a state of _____ for if you are engrossed in _____, the _____ will pray for you.
4. Whenever you leave home, do not _____ at people (without reason) unless you have to say _____ [the greeting of peace] to them.



5. If you return _____ in this condition, your _____ will increase and bring more _____ to your _____.

6. If you are completely _____ to me then there won't be anything more _____ to you than _____.




EXTENSION ACTIVITIES

Think about the fourth advice given to Anas by the Holy Prophet^{saw}:

Whenever you leave home, do not stare at people (without genuine reason) unless you have to say salaam [the greeting of peace] to them. If you return home in this condition, your virtue will increase and bring more grace to your family.

Ponder upon this advice—what does this mean?: _____






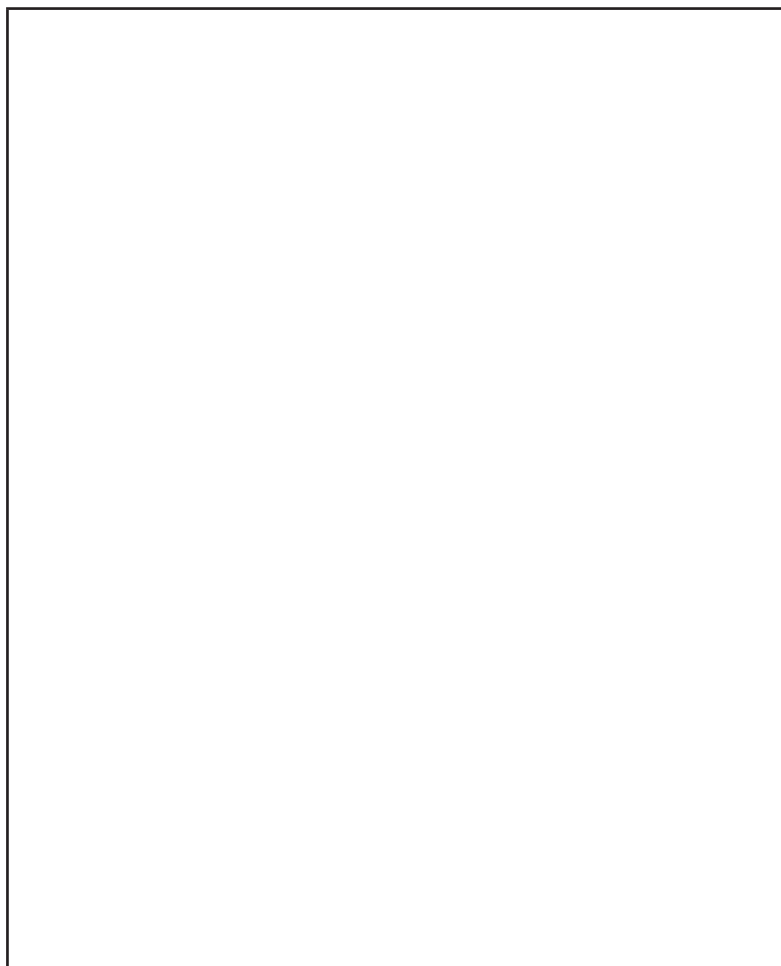
It has become the social norm to stare at people. It may be:

- with an eye to find faults
- to gather juicy gossip
- in a lustful way
- through envy etc.

Can you think why it is wrong to stare at people? (use any of the situations stated above or one of your own): _____



Try to make a conscious effort not to stare at people in order to follow the teachings of the Holy Prophet^{saw}. How do you think this will benefit you? Can you draw how it might make you feel? Surround your drawing with words that describe your emotions in the picture.







ANSWERS TO ACTIVITIES

ACTIVITY NUMBER ONE

M	D	X	A	H	R	N	W	I	D	B	O	M	A	E
R	E	C	D	Y	N	I	O	I	T	B	E	A	B	K
B	F	B	J	Y	E	A	A	L	V	G	V	D	U	A
E	G	W	T	L	Y	N	Q	M	I	L	N	I	T	S
H	A	H	H	M	O	U	U	D	U	A	J	N	A	P
F	A	N	A	S	P	H	X	G	R	U	V	A	L	E
U	F	A	P	M	E	F	J	U	H	D	B	H	H	E
R	A	C	E	Z	E	O	Q	Q	W	A	N	A	A	K
S	E	K	U	M	M	E	S	U	L	A	I	M	H	F
U	W	G	Q	Y	Z	L	S	D	T	D	C	R	Z	R
O	F	R	G	I	H	T	P	A	R	A	D	I	S	E
I	H	T	F	A	Z	T	M	T	A	Y	I	G	I	V
P	U	A	W	P	D	A	H	A	L	L	U	D	B	A
D	A	J	D	V	P	B	Z	F	D	K	P	P	N	A
H	A	Y	G	E	M	U	F	R	E	P	Q	N	U	S





ACTIVITY NUMBER FOUR

1. O my son! Be my **confidant** and you will become a true **believer**.
2. If possible, always try to be in the state of **ablution**, for if the **angel of death** captures a soul in the state of **ablution**, he will serve as a **witness** in favour of that **soul**.
3. Son! If possible, always remain in a state of **prayers** for if you are engrossed in **prayers**, the **angels** will pray for you.
4. Whenever you leave home, do not **stare** at people (without reason) unless you have to say *salaam* [the greeting of peace] to them.
5. If you return **home** in this condition, your **virtue** will increase and bring more **grace** to your **family**.
6. If you are completely **obedient** to me then there won't be anything more **beloved** to you than **death**.



GLOSSARY

Adamant not willing to change an opinion or decision : very determined.

Appealed make a serious, urgent, or heartfelt request.

Exemplary serving as a model or pattern.

Heartily sincerely; genuinely.

Hospitality the friendly and generous reception and entertainment of guests, visitors, or strangers.

Idol an image or representation of a god used as an object of worship.

Idolater a person who worships an idol or idols.

Inclination a feeling of wanting to do something : a tendency to do something

Khilaafat The institution of successionship in Islam.

Lineage the people who were in someone's family in past times.

Martyred a person who is put to death or endures great suffering on behalf of any belief, principle, or cause.

Maternal relating to a mother.

Pious devoutly religious.

Slit a long, narrow cut or opening.

Sufficient enough; having or providing as much as is needed.

Tribesman a man belonging to a tribe in a traditional society or group.

Virtuous having or showing high moral standards.



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PUBLISHER'S NOTE

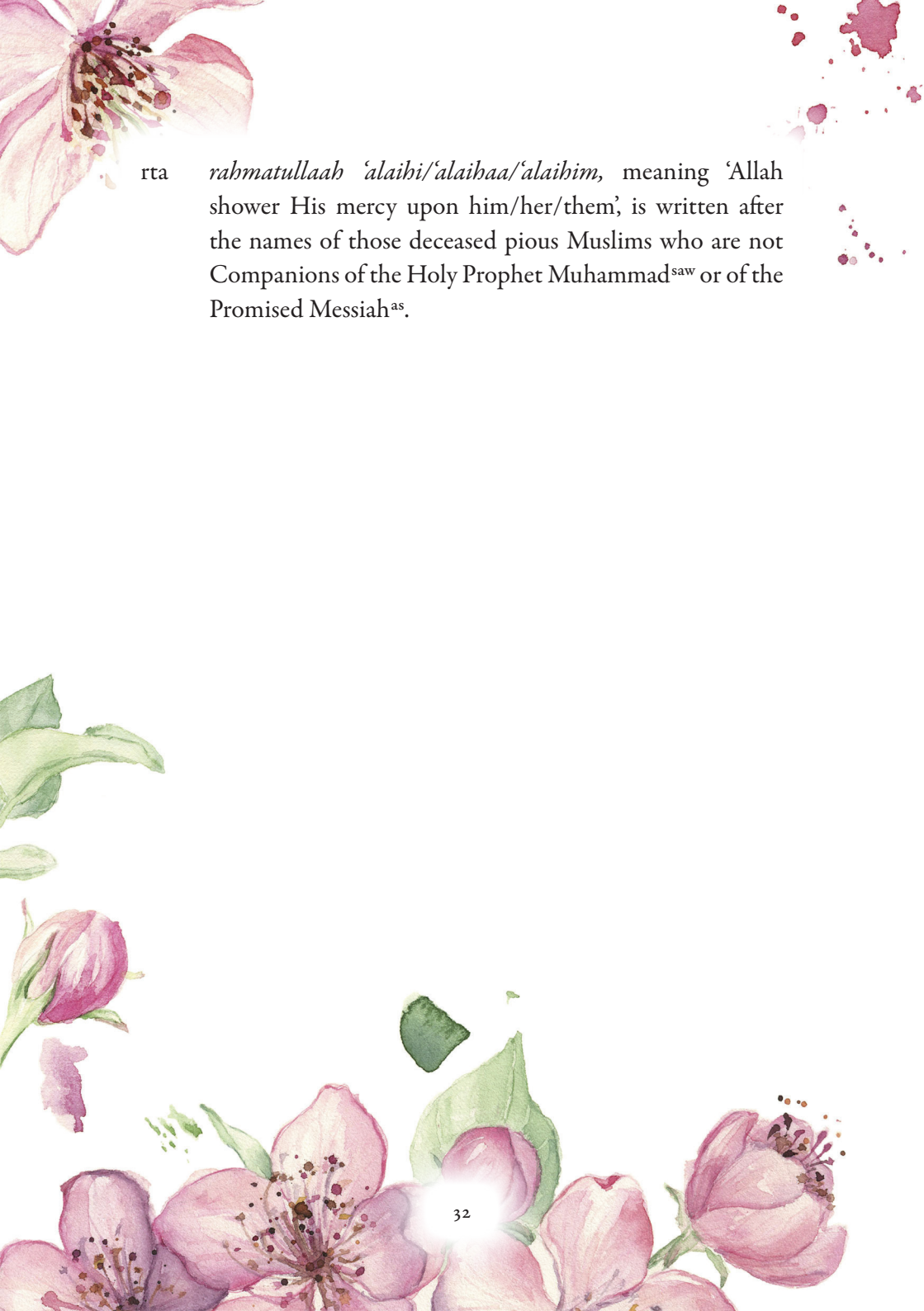
Salutations are recited out of respect when mentioning the names of Prophets and holy personages. These salutations have been abbreviated and inserted into the text where applicable. Readers are urged to recite the full salutations for the following abbreviations:

saw *sallallaahu 'alaihi wa sallam*, meaning 'peace and blessings of Allah be upon him', is written after the name of the Holy Prophet Muhammad^{saw}.

as *'alaihis-salaam*, meaning 'peace be on him', is written after the names of Prophets other than the Holy Prophet Muhammad^{saw}.

ra *raziyallaahu 'anhu/'anhaa/'anhum*, meaning 'Allah be pleased with him/her/them', is written after the names of the Companions of the Holy Prophet Muhammad^{saw} or of the Promised Messiah^{as}.

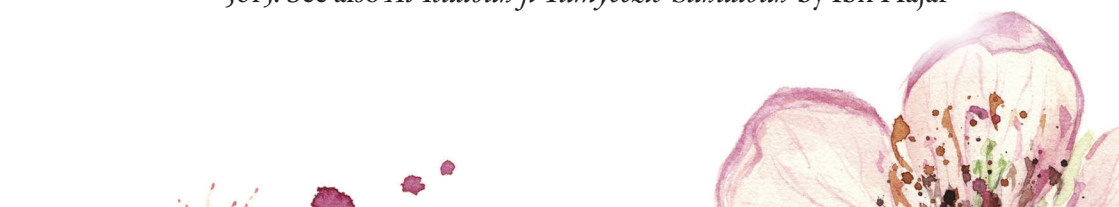









rta *rahmatullaah 'alaihi/'alaihaa/'alaihim*, meaning 'Allah shower His mercy upon him/her/them', is written after the names of those deceased pious Muslims who are not Companions of the Holy Prophet Muhammad^{saw} or of the Promised Messiah^{as}.



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